

# YOU'VE GOT A FRIEND *in* PENNSYLVANIA

## PEP TALK PHONE LINE

Help us spread encouragement and cheer across Pennsylvania. The Pennsylvania Department of Education is establishing a fully automated pep talk phone line that users can call to hear words of encouragement, jokes, and advice from PA students in kindergarten through high school.

### WHAT WE NEED FROM YOU

The phone line will feature pre-recorded messages from students and that's where you come in! We need audio file submissions from students interested in participating. These files can be .mp3, or .wav and can be recorded on a smart phone or other device. No professional audio equipment required!

The name/location of the child featured on the recording is not shared on the phone line and all submissions will be captured and added by commonwealth of Pennsylvania employees.

Prompts can be found in the column to the right.

### HOW TO SUBMIT A RECORDING

Submissions can be emailed to [ra-pde@pa.gov](mailto:ra-pde@pa.gov). Please include which age group/category your recording is for and the name of your school (this information is for internal use only.)

### Kindergarten

- Pep talk from individual student or group (ex. "You can do it, keep going!")
- Your favorite joke (ex. "Why did the cookie go to the doctor? He felt crummy.")

### Early Elementary School

- Pep talk from individual student or group (ex. "It's okay to ask for help")
- Your favorite joke (ex. "What kind of tree can you fit in your hand? A palm tree!")

### Older Elementary - High School

- Life advice from a student or group (ex. "At the end of the day think of one thing you are thankful for.")

### Spanish Students

- Words of encouragement from individual student or group in Spanish.

