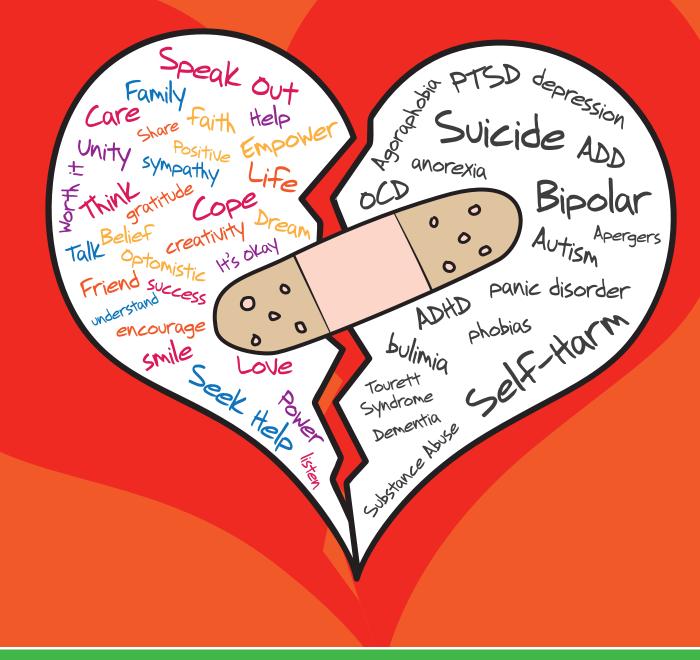
## **BREAK THE STIGMA,** NOT THEIR HEARTS.





#### #bcyouthvoice

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## THE ONLY MISSING PIECE IS HOPE.

Alone

Eating Disorde

Bipolar

Anxiet

Depressi

**BC YOUTH AMBASSADOR PROGRAM** 

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Hope



# STAMP THE **STIGMA**.

Everyone has a past three has a past everyone has a past everyone

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tour to think co

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Love ourself

96

Value Ioursel 978



### DO YOU EVER WORRY ABOUT

Peer Pressure

Anger

Anxiety Disorders

> Conflict Resolution

#### IF YOU DIDN'T KNOW, **YOU ARE NOT ALONE.**

Self

Esteem

Stress Management

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