

AJSHS Lunch Menu

October 2024

Food Service Director: Tonya Conrad
724.857.7500 ext 4149



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans
Salad Varieties	

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Italian Dunkers w/Pizza Sauce Carrots	2 Dill Flavored Chicken Sandwich Nashville Hot Fries Coleslaw	3 Chicken Bacon Ranch Panini Green Beans	4 Soft Beef Taco Corn
7 Hot Dog Bar Baked Beans	8 Scrambled Eggs w/Toast Roasted Breakfast Potatoes	9 Chicken Nachos w/Cheese Sauce Pico de Gallo	10 Buffalo Chicken Alfredo Broccoli	11 Beefaroni w/Sliced Bread Green Beans
14 No School Teacher's In-Service Day	15 Chicken & Veggie Lo Mein Oriental Veggies Sumi Salad	16 Loaded Chicken Totcho Bowl Corn	17 Nashville Hot Honey Chicken Sandwich Carrots	18 Breaded Pork Patty w/Sliced Bread Mashed Potatoes w/Gravy
21 Pho Noodle Bowl w/Pork Broccoli	22 Chicken Parm w/Pasta Green Beans Very Veggie Pasta Salad	23 Philly Cheesesteak Bar Fries	24 Grilled Cheese w/Tomato Soup Carrots	25 Early Dismissal Corn Dog Baked Beans
28 Meatball Mashed Potato Bowl Creamy Cucumber Salad	29 Chicken Enchilada Dip w/Tortilla & Sliced Bread Corn	30 Breakfast For Lunch Bar Potato Wedges	31 Orange Kissed Chicken Bowl Broccoli	

Daily Entrees Available May Include

Cheese or Pepperoni Pizza , Breaded Chicken Sandwich, Cheeseburger, Garden Salad w/Egg & Cheese, Breaded Chicken Salad, Turkey & Cheese Hoagie, Ham & Cheese Hoagie, Chicken wrap, Italian Hoagie or Wrap and Peanut Butter & Jelly