

AJSHS Lunch Menu

November 2024

Food Service Director: Tonya Conrad
724.857.7500 ext 4149



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans
Salad Varieties	

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Italian Stromboli Broccoli
4 Taco Fajita & Nacho Bar Corn	5 Chicken Meatball Alfredo Grinder on Hoagie Roll Broccoli	6 French Toast Sticks w/Sausage Tater Tots	7 Lasagna Roll Up w/Garlic Toast	8 PTC No School
11 Veteran's Day No School	12 Greek Beef Gyro Oven Baked Fries	13 Popcorn Chicken Po'Boy Broccoli	14 Oven Roasted Turkey w/ Stuffing and Dinner Roll Mashed Potatoes w/Gravy Roasted Sweet Potatoes Collard Greens Apple Crisp	15 Dill Chicken Breast Sandwich Nashville Hot Fries
18 General Tso's Chicken Bowl Carrots	19 Chicken Nachos w/Cheese Sauce Mexican Corn Salad	20 Pepperoni Pinwheel w/Pizza Sauce Green Beans	21 Chicken & Broccoli Alfredo Pasta w/Garlic Breadstick Broccoli	22 Half Day Bacon Cheeseburger Baked Beans
25 Beef & Cheese Loaded Fries w/Garlic Toast Broccoli	26 Boneless Wings w/Garlic Toast Green Beans	27 Thanksgiving Break No School	28 Thanksgiving Break No School	29 Thanksgiving Break No School

Daily Entrees Available May Include

Cheese or Pepperoni Pizza , Breaded Chicken Sandwich, Cheeseburger, Garden Salad w/Egg & Cheese, Breaded Chicken Salad, Turkey & Cheese Hoagie, Ham & Cheese Hoagie, Chicken wrap, Italian Hoagie or Wrap and Peanut Butter & Jelly