

AJSHS Lunch Menu

May/June 2023

Food Service Director: Tonya Conrad
724.857.7500 ext 4149



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans
Salad Varieties	

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Orange Chicken Rice Bowl Broccoli Fruit Choice Milk Choice	3 Chicken Nuggets w/SB Carrots Fruit Choice Milk Choice	4 Meatball Hoagie Green Beans Fruit Choice Milk Choice	5 BBQ Pork Loaded Fries Fruit Choice Milk Choice
8 Grilled Chicken Parm w/Pasta & DR Green Beans Fruit Choice Milk Choice	9 Grilled Cheese w/Tomato Soup Carrots Fruit Choice Milk Choice	10 Cheezy Breadsticks w/Pizza Sauce Green Beans Fruit Choice Milk Choice	11 Buffalo Chicken Dipper Broccoli Fruit Choice Milk Choice	12 No School
15 Hot Sicilian Hoagie Fries Fruit Choice Milk Choice	16 Beef Walking Taco w/SB Corn Fruit Choice Milk Choice	17 BBQ Rib on A Bun Baked Beans Fruit Choice Milk Choice	18 Pepperoni Roll w/Pizza Sauce Broccoli Fruit Choice Milk Choice	19 Bacon Cheeseburger Green Beans Fruit Choice Milk Choice
22 Turkey & Ham Stuffer Fries Fruit Choice Milk Choice	23 Hot Ham & Cheese on a Pretzel Roll Carrots Fruit Choice Milk Choice	24 Lasagna Roll Up Green Beans Fruit Choice Milk Choice	25 Fish Sticks w/SB Peas Fruit Choice Milk Choice	26 Chicken Broccoli Alfredo Broccoli Fruit Choice Milk
29 No School	30 Cook's Choice Veggie Choice Fruit Choice Milk Choice	31 Cook's Choice Veggie Choice Fruit Choice Milk Choice	1 Last Day for Students Cook's Choice Veggie Choice Fruit Choice Milk Choice	

Daily Entrees Available May Include

Cheese or Pepperoni Pizza , Breaded Chicken Sandwich, Cheeseburger, Garden Salad w/Egg & Cheese, Breaded Chicken Salad, Turkey & Cheese Hoagie, Ham & Cheese Hoagie, Chicken wrap, Italian Hoagie or Wrap and Peanut Butter & Jelly