

# AJSHS Lunch Menu

## March 2024

Food Service Director: Tonya Conrad  
724.857.7500 ext 4149



### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk

\*Students must choose at least one fruit or vegetable



### Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

### Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans
Salad Varieties	

**MENUS SUBJECT TO CHANGE**



### Milk Choices Offered Daily

FF Chocolate, FF Strawberry,  
and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Baja Fish Tacos Fries Fruit Choice Milk Choice
4 Beef Nachos w/Queso Corn Fruit choice Milk Choice	5 French Toast Sticks w/Sausage Patties Fries Fruit Choice Milk Choice	6 Popcorn Chicken Bowl w/Fresh Bread Fruit choice Milk Choice	7 BBQ Rib Sandwich Carrots Fruit Choice Milk Choice	8 No School Teacher In-Service Day
11 Beef Gyro Fries Fruit Choice Milk Choice	12 Popcorn Chicken Po'boy Corn Fruit Choice Milk Choice	13 Buffalo Chicken Dipper Broccoli Fruit Choice Milk Choice	14 Oven Roasted Ham w/Dinner Rolls Scalloped Potatoes Sweet Potato Casserole Greens Fruit Choice Milk Choice Chocolate Chip Cookie	15 Lasagna Roll Up w/Garlic Toast Green Beans Fruit Choice Milk Choice
18 Bacon Cheeseburger Baked Beans Fruit Choice Milk Choice	19 Chicken Nachos w/Queso Corn Fruit Choice Milk Choice	20 Pepperoni Pinwheel w/Pizza Sauce Green Beans Fruit Choice Milk Choice	21 Chicken Broccoli Alfredo w/Garlic Toast Broccoli Fruit Choice Milk Choice	22 General Tso's Chicken Bowl Carrots Fruit Choice Milk Choice
25 Chicken Nuggets w/Buttered Noodles Carrots Fruit Choice Milk Choice	26 Pancakes w/Sausage Patties Tater Tots Fruit Choice Milk Choice	27 Early Dismissal Meatball Hoagie Green Beans Fruit Choice Milk Choice	28 Snow Make-Up Day	29 Spring Break

### Daily Entrees Available May Include

Cheese or Pepperoni Pizza , Breaded Chicken Sandwich, Cheeseburger, Garden Salad w/Egg & Cheese, Breaded Chicken Salad, Turkey & Cheese Hoagie, Ham & Cheese Hoagie, Chicken wrap, Italian Hoagie or Wrap and Peanut Butter & Jelly