AJSHS Breakfast Menu

May/June 2023

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What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

MENUS SUBJECT TO CHANGE



Whole Grains **Available Daily**



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White

Proud to manage your food service program Nutrition



Meal Prices: Free (CEP) **Adults: \$2.25**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Sausage & Cheese Muffin or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	2 Mini Waffles or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	3 Chicken Biscuit or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	4 French Toast Bites or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	5 Dutch Waffle or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	
8 French Toast Sticks or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	9 Breakfast Pizza or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	10 Bacon, Egg & Cheese Bagel or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	11 Scrambled Eggs w/Mini Biscuit or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	12 No School	
15 Mini Pancakes or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	16 Sausage & Cheese Muffin or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	17 Breakfast Pizza or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	18 Bacon, Egg & Cheese Muffin or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	19 Waffle or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	
22 Scrambled Eggs w/Mini Biscuit or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	23 Dutch Waffle or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	24 Egg & Cheese Bagel or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	25 Sausage, Egg & Cheese Muffin or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	26 French Toast Bites or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	
29 No School	30 Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	31 Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	1 Last Day of School Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice		