

AJSHS Breakfast Menu

August/September 2023

Food Service Director: Tonya Conrad
tconrad@quipsd.org

724.857.7500 ext.4149



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			24 Breakfast Pizza or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	25 Bacon, egg & Cheese Bagel or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice
28 Scrambled Eggs w/Biscuit or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	29 Sausage & Cheese Muffin or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	30 Dutch Waffle or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	31 French Toast Sticks or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	1 Maple Waffle or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice
4 No School—Labor Day	5 Sausage & Cheese Muffin or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	6 Mini Waffles or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	7 Chicken Biscuit or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	8 French Toast Bites or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice
11 Egg & Cheese Bagel or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	12 Breakfast Burrito or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	13 Mini Pancakes or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	14 Breakfast Pizza or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	15 Bacon, egg & Cheese Bagel or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice
18 Scrambled Eggs w/Biscuit or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	19 Sausage & Cheese Muffin or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	20 Dutch Waffle or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	21 French Toast Sticks or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	22 Maple Waffle or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice
25 Ham, Egg & Cheese Bagel or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	26 Sausage & Cheese Muffin or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	27 Mini Waffles or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	28 Chicken Biscuit or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	29 French Toast Bites or Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice

What Makes a Breakfast Meal?

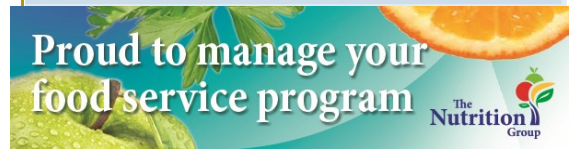
You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



**Meal Prices:
Free (CEP)**