

# AES Lunch Menu November 2024

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## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk

\*Students must choose at least one fruit or vegetable



## Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

## Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans

**MENUS SUBJECT TO CHANGE**



## Milk Choices Offered Daily

FF Chocolate, FF Strawberry,  
and Low Fat White

**Lunch Prices:**  
Free (CEP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Beef Walking Taco w/Sliced Bread Corn
4 Lasagna Roll Up Broccoli	5 Chicken & Cheese Hoagie Carrots	6 French Toast Sticks w/Sausage Tater Tots	7 Popcorn Chicken Bowl w/Sliced Bread Corn	8 Act 80 Day No School
11 Veteran's Day No School	12 Beef Gyro Fries	13 Buffalo Chicken Dipper w/Tortilla Chips Carrots <b>Pickled Cucumbers &amp; Carrots</b>	14 Hot Sicilian Hoagie Green Beans	15 Pepperoni Pizza Broccoli
18 Bacon Cheeseburger Fries	19 Oven Roasted Turkey w/Dinner Roll & Stuffing Mashed Potatoes w/Gravy Sweet Potato Casserole Apple Crisp	20 Cheese Filled Breadsticks w/Pizza Sauce Green Beans	21 Spicy Chicken Sandwich Broccoli	22 Half Day Pigs in the Blanket Baked Beans
25 Cheesesteak Hoagie Green Beans	26 Fiestada Pizza Carrots	27 Thanksgiving Breal No School	28 Thanksgiving Breal No School	29 Thanksgiving Breal No School
Alternate Choices				
Chicken Nuggets w/Sliced Bread Chef Salad w/Bread Bologna & Cheese Sandwich PB&J	Cheeseburger Italian Hoagie Nacho Munchable PB&J	BBQ Rib Sandwich Salad w/Turkey & Bread Ham & Cheese Sandwich PB&J	Corn Dog Turkey & Cheese Sandwich Build your Pizza Munchable PB&J	Breaded Chicken Sandwich Chef Salad w/Bread Ham & Cheese Sandwich PB&J