

AES Lunch Menu May 2024

Food Service Director: Tonya Conrad
724.857.7500 ext 4149



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

Lunch Prices:
Free (CEP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Loaded Chicken Totchos Tater Tots Fruit Choice Milk Choice	2 Cheeseburger Pinwheel Broccoli Fruit Choice Milk Choice	3 Sausage, Egg & Cheese Bagel Fries Fruit Choice Milk Choice
Weekly Alternate: Breaded Chicken Sandwich; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
6 Fiestada Pizza Corn Fruit Choice Milk Choice	7 Chicken Parm w/Pasta Green Beans Fruit Choice Milk Choice	8 Spicy Chicken Sandwich Carrots Fruit Choice Milk Choice	9 Grilled Cheese w/Tomato Soup Fries Fruit Choice Milk Choice	10 No School
Weekly Alternate: BBQ Rib Sandwich; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
13 Meatball Mashed Potato Bowl Green Beans Fruit Choice Milk Choice	14 Cheeseburger on a Bun Baked Beans Fruit Choice Milk Choice	15 Pepperoni Pizza Carrots Fruit Choice Milk Choice	16 Orange Kissed Chicken Bowl Broccoli Fruit Choice Milk Choice	17 Beef Walking Taco Fresh Sliced Bread Corn Fruit Choice Milk Choice
Weekly Alternate: Chicken Nuggets w/Fresh Bread; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
20 Lasagna Roll Up with Garlic Toast Broccoli Fruit Choice Milk Choice	21 Chicken & Cheese Hoagie Carrots Fruit Choice Milk Choice	22 French Toast Sticks with Sausage Tater tots Fruit Choice Milk Choice	23 Beef Nachos Refired beans Fruit Choice Milk Choice	24 QUIP FEST Grilled Burger or Grilled Hot Dog Baked Beans Watermelon or Fruit Choice Milk Choice Chips
Weekly Alternate: Cheeseburger on a Bun; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
27 Memorial Day No School	28 Cook's Choice	29 Cook's Choice	30 Last Day of School	31
Weekly Alternate: Spicy Chicken Sandwich; Deli Sandwich; Peanut Butter & Jelly Sandwich or Chef's Salad				