

AES Lunch Menu May/June 2023

Food Service Director: Tonya Conrad
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

Lunch Prices:
Free (CEP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Fiestada Pizza or Chicken Nuggets w/SB Carrots Fruit Choice Milk Choice	2 Grilled Cheese w/Tomato Soup or Cheeseburger Green Beans Fruit Choice Milk Choice	3 Sausage, Egg & Cheese Muffin or Hot Dog on a Bun Fries Fruit Choice Milk Choice	4 Meatball Hoagie or Chicken Sandwich Broccoli Fruit Choice Milk Choice	5 Beef Nachos w/Cheese or BBQ Rib Corn Fruit Choice Milk Choice
8 Pancake w/Sausage or Chicken Nuggets w.SB Tater Tots Fruit Choice Milk Choice	9 Corn Dog Nuggets or Cheeseburger Carrots Fruit Choice Milk Choice	10 Boneless Wings w/SB or Hot Dog on a Bun Baked Beans Fruit Choice Milk Choice	11 Mozzarella Cheese Sticks w/ Pizza Sauce or Chicken Sandwich Broccoli Fruit Choice Milk Choice	12 No School—In-Service Day
15 Southwest Pull Apart or Chicken Nuggets w/SB Carrots Fruit Choice Milk Choice	16 Lasagna Roll Up or Cheeseburger Broccoli Fruit Choice Milk Choice	17 Fish Sticks w/SB or Hot Dog on a Bun Green Beans Fruit Choice Milk Choice	18 Pepperoni Pinwheel w/Pizza Sauce or Chicken Sandwich Corn Fruit Choice Milk Choice	19 Pepperoni Pizza or BBQ Rib Fries Fruit Choice Milk Choice
22 Sloppy Joe or Chicken Nuggets w/SB Green Beans Fruit Choice Milk Choice	22 Chicken Broccoli Alfredo Pasta or Cheeseburger Broccoli Fruit Choice Milk Choice	24 Buffalo Chicken Dipper or Hot Dog on a Bun Carrots Fruit Choice Milk Choice	25 Beef Walking Taco or Chicken Sandwich Corn Fruit Choice Milk Choice	26 Quip Fest Grilled Burger or Grilled Hot Dog Baked Beans Fruit Choice Milk Choice
29 No School—Memorial Day	30 Cook's Choice Veggie Choice Fruit Choice Milk Choice	31 Cook's Choice Veggie Choice Fruit Choice Milk Choice	1 Last Day for Students Cook's Choice Veggie Choice Fruit Choice Milk Choice	