

AES Lunch Menu March 2024

Food Service Director: Tonya Conrad
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

Lunch Prices:
Free (CEP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Grilled Cheese w/Tomato Soup Fries Fruit Choice Milk Choice
Weekly Alternate: BBQ Rib, Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
4 Meatball Mashed Potato Bowl w/Garlic Toast Green Beans Fruit Choice Milk Choice	5 Cheeseburger on a Bun Baked Beans Fruit Choice Milk Choice	6 Orange Kissed Chicken Bowl Broccoli Fruit Choice Milk Choice	7 Beef walking Taco w/Fresh Bread Corn Fruit Choice Milk Choice	8 No School Teacher In-Service Day
Weekly Alternate: Chicken Nuggets w/Sliced Bread; Deli Sandwich; Peanut Butter & Jelly Sandwich or Chef's Salad				
11 Chicken & Cheese Hoagie Carrots Fruit Choice Milk Choice	12 French Toast Sticks w/Sausage Patty Tater Tots Fruit Choice Milk Choice	13 Beef Nachos w/Queso Refried Beans Fruit Choice Milk Choice	14 Popcorn Chicken Bowl w/Fresh Bread Corn Fruit Choice Milk Choice	15 Cheese Pizza Carrots Fruit Choice Milk Choice
Weekly Alternate: Cheeseburger; Deli Sandwich; Peanut Butter & Jelly Sandwich or Chef's Salad				
18 Greek Beef Gyro Oven Baked Fries Fruit Choice Milk Choice	19 Oven Roasted Ham w/Dinner Roll Sweet Potatoes Scalloped Potatoes Cookie Fruit Choice Milk Choice	20 Buffalo Chicken Dipper Sliced Carrots Fruit Choice Milk Choice	21 Hot Sicilian Hoagie Steamed Green Beans Fruit Choice Milk Choice	22 Lasagna Roll Up w/Garlic Toast Seasoned Broccoli Fruit Choice Milk Choice
Weekly Alternate: Spicy Chicken Sandwich; Deli Sandwich; Peanut Butter & Jelly Sandwich or Chef's Salad				
25 Chicken Nachos Steamed corn Fruit Choice Milk Choice	26 Pepperoni Pinwheel w/Sauce Carrots Fruit Choice Milk Choice	27 Half Day Cheeseburger on a Bun Oven Baked Fries Fruit Choice Milk Choice	28 Snow Make-Up Day	29 Spring Break
Weekly Alternate: BBQ Rib; Peanut Butter & Jelly Sandwich or Chef's Salad				