

AES Lunch Menu January 2025

Food Service Director: Chloe Carter
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

Lunch Prices:
Free (CEP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Holiday Break	2	3
6 Cheese Dogs French Fries Assorted Milk Fruit Choice	7 Popcorn Chicken Bowl w/Sliced Bread Corn Assorted Fruit	8 French Toast Sticks w/Sausage Tater Tots Assorted Milk	9 Fiestada Pizza Green Beans Assorted Milk Fruit Choice	10 Grilled Cheese & Tomato Soup Assorted Milk Fruit Choice
13 Pizza Pasta Bake Peas Assorted Milk Fruit Choice	14 Korean BBQ Chicken Bowl Broccoli Assorted Milk Fruit Choice	15 Buffalo Chicken Dipper w/Tortilla Chips Carrots	16 National Beef Event Beef Nachos Green Beans Assorted Milk Fruit Choice	17 Pepperoni Pizza Broccoli Assorted Milk Fruit Choice
20 No School MLK Day	21 Chicken Nachos Corn Assorted Milk Fruit Choice	22 Spicy Chicken Sandwich French Fries Assorted Milk Fruit Choice	23 Sloppy Joe Broccoli Assorted Milk Fruit Choice	24 Hot Dogs Baked Beans Assorted Milk Fruit Choice
27 Walking Tacos Corn Assorted Milk Fruit Choice	28 Lasagna Roll Up's Broccoli Assorted Milk Fruit Choice	29 Pork Chops Mashed Potatoes Assorted Milk Fruit Choice	30 Chicken Chunks Tater Tots Assorted Milk Fruit Choice	31 Pepperoni Pizza Green Beans Assorted Milk Fruit Choice
Alternate Choices				
Cheeseburgers Fries	Chicken Nuggets Italian Hoagie Nacho Munchable PB&J	BBQ Rib Sandwich Salad w/Turkey & Bread Ham & Cheese Sandwich PB&J	Corn Dog Turkey & Cheese Sandwich Build your Pizza Munchable PB&J	Breaded Chicken Sandwich Chef Salad w/Bread Ham & Cheese Sandwich PB&J