

AES Lunch Menu February 2024

Food Service Director: Tonya Conrad
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

Lunch Prices:
Free (CEP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 No School	2 Breaded Chicken Sandwich Broccoli Fruit Choice Milk Choice
Weekly Alternate: Cheeseburger on a Bun; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
5 Sloppy Joe Sandwich Carrots Fruit Choice Milk Choice	6 Beef Nachos w/Queso Corn Fruit Choice Milk Choice	7 Dutch Waffles w/Chicken Fries Fruit Choice Milk Choice	8 Chicken Fried Rice w/ Breadstick Broccoli Fruit Choice Milk Choice	9 Italian Dunkers w/Pizza Sauce Green Beans Fruit Choice Milk Choice
Weekly Alternate: Spicy Chicken Sandwich; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
12 Buffalo Chicken Alfredo w/Garlic Toast Broccoli Fruit Choice Milk Choice	13 BBQ Rib Sandwich Baked Beans Fruit Choice Milk Choice	14 Fish Sandwich Fries Fruit Choice Milk Choice	15 Meatloaf w/Gravy & Breadstick Mashed Potatoes w/Gravy Fruit Choice Milk Choice	16 Cheese Pizza Carrots Fruit Choice Milk Choice
Weekly Alternate: Hot Dog on a Bun; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
19 No School	20 Chicken Totchos Tater Tots Fruit Choice Milk Choice	21 Cheeseburger Pinwheel Broccoli Fruit Choice Milk Choice	22 Buffalo Chicken Dipper Green Beans Fruit Choice Milk Choice	23 Egg & Cheese Bagel Fries Fruit Choice Milk Choice
Weekly Alternate: Breaded Chicken Sandwich; Deli Sandwich, Peanut Butter & Jelly Sandwich or Chef's Salad				
26 Fiestada Pizza Corn Fruit Choice Milk Choice	27 Chicken Parm w/Pasta Green Beans Fruit Choice Milk Choice	28 Queso Steak Sandwich Broccoli Fruit Choice Milk Choice	29 Spicy Chicken Sandwich Carrots Fruit Choice Milk Choice	1 Grilled Cheese w/Tomato Soup Fries Fruit Choice Milk Choice
Weekly Alternate: BBQ Rib Sandwich; Deli Sandwich; Peanut Butter & Jelly Sandwich or Chef's Salad				