

AES Breakfast Menu

October 2024

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Egg & Cheese Biscuit or Waffle Snaps Fruit Choice 100% Fruit Juice Milk Choice	2 Breakfast Pizza or Benefit Bar Fruit Choice 100% Fruit Juice Milk Choice	3 Dutch Waffle or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice	4 Eggo Mini French Toast or Cinnamon Roll Fruit Choice 100% Fruit Juice Milk Choice
7 Pancakes or Grape Crescent Fruit Choice 100% Fruit Juice Milk Choice	8 Scrambled Eggs w/Toast or Benefit Bar Fruit Choice 100% Fruit Juice Milk Choice	9 Chicken on a Biscuit or Pumpkin Roll Fruit Choice 100% Fruit Juice Milk Choice	10 Breakfast Pizza or Soft Filled Cereal Bar Fruit Choice 100% Fruit Juice Milk Choice	11 Cereal Blast Waffle or Cherry Muffin Fruit Choice 100% Fruit Juice Milk Choice
14 No School Teacher's In- Service Day	15 Bacon Egg & Cheese Muffin or Cinnamon Roll Fruit Choice 100% Fruit Juice Milk Choice	16 Waffles or Muffin Flat Fruit Choice 100% Fruit Juice Milk Choice	17 Sausage & Cheese Muffin or Waffle Snaps Fruit Choice 100% Fruit Juice Milk Choice	18 Mini Pancakes or Benefit Bar Fruit Choice 100% Fruit Juice Milk Choice
21 Breakfast Pizza or Blueberry Muffin Fruit Choice 100% Fruit Juice Milk Choice	22 Breakfast Burrito or Egg Mini Pancakes Fruit Choice 100% Fruit Juice Milk Choice	23 Dutch Waffle or Cherry Frudel Fruit Choice 100% Fruit Juice Milk Choice	24 Maple Brown Sugar Oatmeal w/Toast or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice	25 Ham Egg & Cheese Biscuit or Muffin Flat Fruit Choice 100% Fruit Juice Milk Choice
28 Waffles or Benefit Bar Fruit Choice 100% Fruit Juice Milk Choice	29 Breakfast Pizza or Muffin Top Fruit Choice 100% Fruit Juice Milk Choice	30 French Toast Sticks or Apple Frudel Fruit Choice 100% Fruit Juice Milk Choice	31 Egg & Cheese Muffin or Cinni Minis Fruit Choice 100% Fruit Juice Milk Choice	

Available Daily: Assorted Cereal w/Crackers

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



Meal Prices:
Free (CEP)