

AES Breakfast Menu

November 2023

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Scrambled Eggs w/Biscuit or Benefit Bar Fruit Choice 100% Fruit Juice Milk Choice	2 Breakfast Pizza or Muffin Flat Fruit Choice 100% Fruit Juice Milk Choice	3 Maple Waffle or Cinnamon Roll Fruit Choice 100% Fruit Juice Milk Choice
6 Sausage Muffin or Honey Bun Fruit Choice 100% Fruit Juice Milk Choice	7 Toasted English Muffin w/Jelly or Strawberry Guava Flip Fruit Choice 100% Fruit Juice Milk Choice	8 Chicken Biscuit or Apple Roll Fruit Choice 100% Fruit Juice Milk Choice	9 Pancakes or Mini Bagels Fruit Choice 100% Fruit Juice Milk Choice	10 No School
13 Dutch Waffle or Frudel Fruit Choice 100% Fruit Juice Milk Choice	14 Chicken Biscuit or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice	15 Breakfast Burrito or Muffin Flat Fruit Choice 100% Fruit Juice Milk Choice	16 French Toast Bites or Waffle Snaps Fruit Choice 100% Fruit Juice Milk Choice	17 Waffles or Benefit Bar Fruit Choice 100% Fruit Juice Milk Choice
20 Breakfast Pizza or Yogurt w/Crackers Fruit Choice 100% Fruit Juice Milk Choice	21 Bagel w/Cream Cheese or Donut Fruit Choice 100% Fruit Juice Milk Choice	22 Early Dismissal Mini French Toast or Birthday Cake Bar Fruit Choice 100% Fruit Juice Milk Choice	23 No School	24 No School
27 No School	28 Breakfast Bites or Cinnamon Toast Crunch Bar Fruit Choice 100% Fruit Juice Milk Choice	29 Mini Maple Waffles or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice	30 Egg & Cheese Bagel or Cinnamon Roll Fruit Choice 100% Fruit Juice Milk Choice	

Available Daily: Assorted Cereal w/Crackers

What Makes a Breakfast Meal?

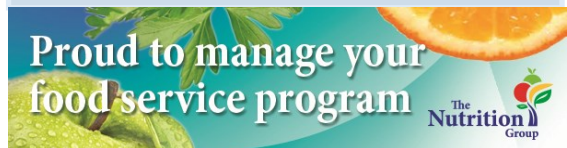
You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



**Meal Prices:
Free (CEP)**