

# AES Breakfast Menu

## May/June 2023

Food Service Director: Tonya Conrad  
tconrad@quipsd.org

724.857.7500 ext.4149



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Maple Waffle or Cinnamon Toast Crunch Bar Fruit Choice 100% Fruit Juice Milk Choice	2 French Toast Bites or Apple Roll Fruit Choice 100% Fruit Juice Milk Choice	3 Scrambled Eggs w/Toast or Guava Strawberry Flip Fruit Choice 100% Fruit Juice Milk Choice	4 Bagel w/Cream Cheese or Cocoa Puff Bar Fruit Choice 100% Fruit Juice Milk Choice	5 Chicken Biscuit or Mini Loaf w/String Cheese Fruit Choice 100% Fruit Juice Milk Choice
8 English Muffin w/Jelly or Apple Frudel Fruit Choice 100% Fruit Juice Milk Choice	9 Breakfast Pizza or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice	10 Grab n Go Eggo Item or Cinnamon Roll Fruit Choice 100% Fruit Juice Milk Choice	11 Dutch Waffle or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice	12 No School
15 Emoji Waffles or Apple Roll Fruit Choice 100% Fruit Juice Milk Choice	16 Sausage & Cheese Muffin or Strawberry Guava Flip Fruit Choice 100% Fruit Juice Milk Choice	17 Grab n Go Pancakes or Chocolate Croissant Fruit Choice 100% Fruit Juice Milk Choice	18 Bagel w/Cream Cheese or Super Donut Fruit Choice 100% Fruit Juice Milk Choice	19 Breakfast Pizza or Mini Loaf w/Crackers Fruit Choice 100% Fruit Juice Milk Choice
22 Maple Mini Pancakes or Muffin Top w/String Cheese Fruit Choice 100% Fruit Juice Milk Choice	23 Scrambled Eggs w/Mini Biscuit or Chocolate Filled Crescent Fruit Choice 100% Fruit Juice Milk Choice	24 Pancakes or Super Donut Fruit Choice 100% Fruit Juice Milk Choice	25 Breakfast Pizza or Apple Frudel Fruit Choice 100% Fruit Juice Milk Choice	26 Bagel w/Cream Cheese or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice
29 No School	30 Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	31 Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	1 Last Day for Students Assorted Breakfast Pastries Fruit Choice 100% Fruit Juice Milk Choice	

**Offered Daily:** Assorted Cereal w/Jungle Crackers

### What Makes a Breakfast Meal?

**You must choose at least 3 of 4 components available for the school breakfast price.**

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

*MENUS SUBJECT TO CHANGE*



**Milk Choices Offered Daily**  
Fat Free Chocolate, Fat Free Strawberry,  
and Low Fat White

**Proud to manage your food service program**

