

# AES Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spring Break No School	2 Cereal Blast Waffle or Frudel Fruit Choice 100% Fruit Juice Milk Choice	3 Scrambled Eggs w/Toast or Honey Bun Fruit Choice 100% Fruit Juice Milk Choice	4 Sausage Biscuit or Muffin Flat Fruit Choice 100% Fruit Juice Milk Choice	5 Pancakes or Cinnamon Roll Fruit Choice 100% Fruit Juice Milk Choice
8 Sausage & Cheese Muffin or Apple Roll Fruit Choice 100% Fruit Juice Milk Choice	9 Toasted Bagel w/Cream Cheese or Zee Zee Bar Fruit Choice 100% Fruit Juice Milk Choice	10 Chicken Biscuit or Yogurt w/Crackers Fruit Choice 100% Fruit Juice Milk Choice	11 Waffles or Benefit Bar Fruit Choice 100% Fruit Juice Milk Choice	12 Breakfast Bites or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice
15 Cinna Bar or Waffle Snaps Fruit Choice 100% Fruit Juice Milk Choice	16 Cereal Blast Waffle or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice	17 Egg & Cheese Bagel or Honey Bun Fruit Choice 100% Fruit Juice Milk Choice	18 Dutch Waffle or Apple Roll Fruit Choice 100% Fruit Juice Milk Choice	19 French Toast Sticks or Cinnamon Roll Fruit Choice 100% Fruit Juice Milk Choice
22 Mini Pancakes or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice	23 Omelet w/Biscuit or Frudel Fruit Choice 100% Fruit Juice Milk Choice	24 Bacon, Egg & Cheese Muffin or Apple Roll Fruit Choice 100% Fruit Juice Milk Choice	25 Breakfast Pizza or Muffin Flat Fruit Choice 100% Fruit Juice Milk Choice	26 Snow Make Up Day Toasted English w/Jelly or Goody Ring Fruit Choice 100% Fruit Juice Milk Choice
29 Maple Waffle or Apple Roll Fruit Choice 100% Fruit Juice Milk Choice	30 Chicken Biscuit or Zee Zee Bar Fruit Choice 100% Fruit Juice Milk Choice	1 French Toast Bites or Yogurt w/Crackers Fruit Choice 100% Fruit Juice Milk Choice	2 Cinna Bar or Waffle Snaps Fruit Choice 100% Fruit Juice Milk Choice	3 Mini Pancakes or Benefit Bar Fruit Choice 100% Fruit Juice Milk Choice

Available Daily: Assorted Cereal w/Crackers

## What Makes a Breakfast Meal?

**You must choose at least 3 of 4 components available for the school breakfast price.**

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

*MENUS SUBJECT TO CHANGE*



**Milk Choices Offered Daily**  
Fat Free Chocolate, Fat Free Strawberry,  
Fat Free White and Low Fat White



**Meal Prices:**  
Free (CEP)