

AES Lunch Menu August 2023

Food Service Director: Tonya Conrad
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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fruit Variety Offered Daily

May include:

Apple Slices	Oranges
Apples	Bananas
Applesauce	Peaches
Pears	Mixed Fruit
Craisins	Raisins

Fresh Veggies Offered Daily

May Include:

Garden Side Salad	Broccoli Florets
Baby Carrots	Celery Sticks
Cauliflower	Garbanzo Beans

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

FF Chocolate, FF Strawberry,
and Low Fat White

Lunch Prices:
Free (CEP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			24 Hot Dog on a Bun Oven Baked Fries Fruit Choice Milk Choice	25 Pepperoni Pinwheel w/Sauce Carrots Fruit Choice Milk Choice
Weekly Alternate: BBQ Rib; Peanut Butter & Jelly Sandwich or Chef's Salad				
28 Chicken Patty on a Bun Peas Fruit Choice Milk Choice	29 Hunan Orange Dumplings w/Fried Rice Broccoli Fruit Choice Milk Choice	30 Pancakes & Sausage Patty Tater Tots Fruit Choice Milk Choice	31 Corn Dog Nuggets BBQ Baked Beans Fruit Choice Milk Choice	
Weekly Alternate: Chicken Nuggets w/Sliced Bread; Peanut Butter & Jelly Sandwich or Chef's Salad				