

The following health care services are provided every year in the school as required by state law. Pennsylvania School Law requires students to be scheduled for the physical and dental exams at school if not done by the family doctor or dentist and information returned to the school. A letter will notify parents when the physicals and dentals are scheduled at school.

- **Height /Weight:** All Grades
- **Vision Testing:** All Grades
- **Hearing screening:** Grades K through 3rd, 7th, 11th, and all students in special education
- **Physical exam:** Grades K, 6th and 11th
- **Dental exam:** Grades K, 3rd, and 7th
- **Scoliosis screening:** Grades 6th and 7th
- **Body Mass Index (BMI)**

School nurses are now required to inform parents about their child's BMI. The BMI is calculated using a special formula that measures the relationship between a person's height and weight. BMI is considered a screening tool to assist parents and their child's doctor in determining if overweight and obesity is, or will become an issue.

BMI less than 5th percentile – underweight

BMI between 85th and 95th percentiles – at risk for overweight

BMI equal to or greater than 95th percentile – overweight

- **Meningitis vaccine** (Menomune or Menactra) -You may want to ask your doctor about these vaccines.